



ISL - RETURN TO PLAY POLICY

Revised September 10, 2020



The guiding documents for this policy are:

Central District Health:

- COVID-19 Resources: <https://cdhd.idaho.gov/dac-coronavirus-resources.php>
- Ada County Health Order (Updated August 11, 2020):
<https://www.cdhd.idaho.gov/pdfs/cd/Coronavirus/Order/8-11-20/CDH%20Quarantine%20and%20Restriction%20Order%20Ada%20County%2008-11-20.pdf>
- Youth Sports Position Statement:
<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/schools/Youth-Sports-CDH-Position-08-10-2020.pdf>
- Recommended Guidance for Youth Activities and Day Camps:
<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/Reopening-YouthActivities-Camps-COVID.pdf>

Idaho Rebounds:

- Stage 4 Stay Healthy Guidelines: <https://rebound.idaho.gov/stage-4-stay-healthy-guidelines/>
 - <https://rebound.idaho.gov/wp-content/uploads/stage4-stay-healthy-guidelines.pdf>
- Stages of Reopening: <https://rebound.idaho.gov/stages-of-reopening/>

Centers for Disease Control:

- Coronavirus Disease 2019 - <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>
- Considerations for Youth Sports - <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>
- Youth Sports Programs FAQ - <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports-faq.html>
- Considerations for Events and Gatherings - <https://www.cdc.gov/coronavirus/2019-ncov/community/large-events/considerations-for-events-gatherings.html>
- When You Can be Around Others After You Had or Likely Had COVID-19 - https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fprevent-getting-sick%2Fwhen-its-safe.html

US Soccer PLAY ON – Coronavirus Resources:

- <https://www.ussoccer.com/playon>
- Phase 3: Grassroots Soccer Recommendation Guide:
<https://www.ussoccer.com/playon/guides/phase-3-grassroots>



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This policy is intended to provide a plan to allow the Idaho Youth Soccer Association (IYSA) Fall 2020 Idaho State League Southern (ISL) to proceed with scheduled scrimmages during the current COVID-19 pandemic. Please note there are differing health orders for areas in which the ISL operates. The guidelines below indicate some of the differences that are expected of participants in the league based on those health orders.

The policy is broken into sections that apply to each group of participants in ISL games.

In addition to this policy, please reference the IYSA COVID-19 Reporting Policy.

In the current COVID-19 pandemic, Idaho Youth Soccer Association recognizes the importance of youth soccer for the well-being of youth players. However, participation in the season can only continue if each participant embraces their own individual responsibility to ensure the season can occur in a safe manner. We are counting on all IYSA members to follow the guidelines so the children can play.

All Participants:

- If any player, coach, team official, referee, or spectator is exhibiting any signs or symptoms of COVID-19 or have tested positive for COVID-19 they must not attend ISL games until they are cleared by a medical professional or meet the CDC guidelines for return from self-isolation.
 - Signs/Symptoms of COVID-19 (from CDC):
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
 - CDC Guidelines for return from self-isolation following a positive test for a person exhibiting symptoms:
 - 10 days since symptoms first appeared **and**
 - 24 hours with no fever without the use of fever-reducing medications **and**
 - Other symptoms of COVID-19 are improving
 - CDC Guidelines for return from self-isolation following a positive test for a person who is asymptomatic:
 - 10 days after positive viral test



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- If any player, coach, team official, referee, or spectator has been around a person with a confirmed COVID-19 case or has been asked to self-isolate, they must not attend ISL games until they are cleared by a medical professional or meet the CDC guidelines for return from self-isolation.
 - CDC guidelines
 - Anyone who has had close contact with someone with COVID-19 should stay home for 14 days after their last exposure to that person.
 - However, anyone who has had close contact with someone with COVID-19 and who:
 - developed COVID-19 illness within the previous 3 months **and**
 - has recovered **and**
 - remains without COVID-19 symptoms (for example, cough, shortness of breath)
 - does not need to stay home.
- Prior to participation in ISL events, all participants should self-screen for symptoms and check their temperature.
- All participants are asked to remain in their vehicles until 45 minutes prior to their game time. If teams from a prior game are still at the field, find an area away from the field to minimize interactions between groups.
- All participants are required to wear a face covering that completely covers their nose and mouth upon arrival when traveling from their vehicles to the fields; upon departure when leaving the fields to return to their car; when moving around the facility between fields and when physical distancing of 6 feet cannot be maintained.
- No spitting will be allowed on the field or sidelines.
- All participants should cover their mouth while coughing or sneezing (e.g. with the nape of their elbow).
- All participants should avoid touching their face with their hands.
- Shared equipment (e.g. soccer balls, discs etc) should be sanitized as frequently as possible.



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Players:

- Must wear a face covering that completely covers their nose and mouth when in the technical area. Players may remove their face covering when entering the game. Players are allowed to wear a face covering in the game provided the face covering is not a danger to the player or other players.
- Must maintain physical distancing of 6 feet while in the technical area or team bench during the game.
- Should maintain physical distancing during half-time, water breaks, and all other times off the field of play.
- Should not share water bottles, drinks, food, or any personal items.
- Must not participate in pre-game or post-game physical contact with members of the other team, referee crew, (e.g. handshakes, fist bumps, high-5s, hugs, etc.) or with spectators (e.g. high-5s, tunnels, etc.).
- No spitting will be allowed on the field or sidelines.
- Should sanitize or wash their hands each time they come off the field and prior to entering the field of play.
- Should maintain physical distancing of 6 feet from all members of the referee crew if at all possible.

Coaches/Team Officials:

- Must wear a face covering that completely covers their nose and mouth when in the technical area and at all times that physical distancing of 6 feet is not possible.
- Must maintain physical distancing of 6 feet while in the technical area or team bench during the game.
- Should maintain physical distancing during half-time, water breaks, and all other times off the field of play.
- Must maintain physical distancing of 6 feet from all members of the referee crew if at all possible.
- Must not participate in pre-game or post-game physical contact with members of the other team, referee crew, (e.g. handshakes, fist bumps, high-5s, hugs, etc.) or with spectators (e.g. high-5s, tunnels, etc.).
- Should be prepared to provide hand sanitizer for use in the team bench area.
- Should have a roster and player cards with them. Coaches will not turn over the roster or player cards to the referee.
- Must maintain physical distancing of 6 feet from any member of the referee crew at all times possible.



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- Must designate an adult to monitor physical distancing and spectator limits for their team prior to the game. This adult will monitor and remind all players, team officials, and spectators for their team of the physical distancing and mask policy before and after the game. During the game, the designee will monitor team officials, substitutes and spectators to ensure compliance with the policies.
- Must ensure that spectators are aware of current limitations for spectators at each ISL event. Current District Health Department guidelines must be followed. Coaches should communicate with players, parents, and team officials to ensure there is compliance.

Spectators:

By the August 11, 2020 order of the District Board of Health for the Central District of Idaho, there is a limit of 50 spectators for each team at ISL events held in Ada County (Other than City of Boise facilities). Each team will be allowed up to 50 spectators as long as the IYSA field layout is used and are appropriately distanced from other fields and physical distancing of 6 feet is maintained among groups who do not live in the same household. Teams should communicate prior to arrival at the event to ensure that the Central District Health Order is followed.

Events held at Simplot Sports Complex and all other City of Boise facilities will have a maximum of 50 spectators per field which means each team will be allowed up to 25 spectators. Teams should communicate prior to arrival at the event to ensure the City of Boise policy is followed. Failure to follow the spectator policy could result in barring of a team / club from using City of Boise facilities.

Events held outside of Ada County have a maximum of 250 spectators per event. It is important to act responsibly to ensure the continuation of youth sports regardless of current policies. Physical distancing of at least 6 feet between groups of people not from the same household should still be maintained.

- Must wear a face covering that covers their mouth and nose at all times when physical distancing of 6 feet is not possible.
- Must remain 10 yards from the field of play at all times.
- Must not participate in pre-game or post-game physical contact with members of their own team (e.g. high-5s, tunnels, etc.) who do not live in the same household.
- Must remain on the same side of the field as their team bench, in the opposite half.
- Should maintain physical distancing of 6 feet from individuals not from the same household at all times.



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Referees:

- Must wear a face covering that covers their mouth and nose when not actively officiating (e.g. pregame, halftime, postgame, acting as a 4th official, etc.).
- May wear a face covering during the game.
- May use electronic whistles or other artificial noise makers in place of a traditional whistle.
- Must not participate in physical contact with players, team officials, spectators, or other members of the referee crew (e.g. handshakes, high-5s, etc.).
- Must not exchange documents with coaches or team officials. Rosters and player cards will be kept by the coaches.
- Should not share equipment with other members of the referee crew (e.g. assistant referee flags, etc.).
- Should maintain physical distancing of 6 feet at all times from players, team officials, spectators, and other members of the referee crew.
- Should bring hand sanitizer for personal use prior to entering the field of play and after exiting the field of play.
- Should not be enforcing the guidelines outlined in this policy that fall outside of the Laws of the Game. Any issues should instead be reported to Idaho Youth Soccer Association in the referee report of the game.

Enforcement:

As indicated in the coaches section, teams must designate an adult to monitor and remind participants of their own team of the policies in this document.

Idaho Youth Soccer Association staff and designees will be on hand at facilities holding ISL events to help with monitoring and enforcement.

Every participant should play an active role in monitoring and reporting any violations of the policy. The IYSA league page has a form to report violations.

Penalties:

Failure of a team to follow the guidelines could jeopardize the season for all teams in the ISL.

Penalties will be determined on a case-by-case basis depending on the severity of the violation. The penalties can include:

- Immediate suspension of the game
- Single or multiple game suspension (team or individual) from future ISL events
- Banning (team or individual) from facilities used by ISL



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Other Measures:

In addition to the policies outlined above, IYSA will schedule create a schedule to minimize neighboring fields from having concurrent games. Time slots for each field will be set to ensure adequate time for teams to leave the field before the teams for the next game arrive. Signs will be made outlining portions of the policy for placement at facilities utilized by ISL.